

THE GREAT SEFIRAH DAILY CHALLENGE

A KESHER YISRAEL SHUTDOWN RESPONSE PROGRAM



Sunday, April 11th / כ"ט ניסן / Shabbos, May 15th / ד' סיון



Boys & Girls in Pre-1A - Grade 8 from Ontario

SUPER WIN

Gift Certificate 10x your age to Miriam's!

BIG WIN

Gift Certificate 5x your age to Miriam's!

ONEG WIN

Gift Certificates to Bubby's Bagels, Pizza Café, Amazing Donuts, & more! (5 winners)

GESHMAK WIN

Rebbee Hill or Stories with Geshmak Album! (10 Winners)

PARENT'S PRIZE

Kosher Phone courtesy of TAG Thornhill

14 DAILY CHALLENGES! JOIN AS MANY AS POSSIBLE!

SPECIAL FAMILY BONUS: Family will be entered into a raffle for a **FREE PIE OF PIZZA** if all eligible family members participate in at least 5 daily challenges for at least 30 out of 35 days! (5 winners) Participate in at least one challenge and WIN BIG. FREE Keshet Yisrael Notepad to first 100 participants. Contact the office to receive your notepad.

1. הכרת הטוב CHALLENGE

Express your **הכרת הטוב** in person, by phone, or by a handwritten letter to at least one person every day. Include the specific thing/s that you are **מכיר הטוב** for and give as much detail as possible.

2. אהבת ישראל CHALLENGE

Do at least one daily mitzvah that shows **אהבת ישראל**. Write down what you did on a paper every day.

3. מידת CHALLENGE

Choose one **מידה** to work on and every night write down at least two sentences on how you succeeded that day at least once

4. שמירת הלשון CHALLENGE

Upgrade your **שמירת הלשון** by choosing to be extra careful during one hour a day, or by stopping to talk negatively about a specific person. Every night write down two sentences on how you succeeded that day.

5. חסד בבית CHALLENGE

Help out in your home every day in an age appropriate manner, and every night write down what **חסד בבית** you did that day.

6. תורה CHALLENGE

Learn for your age in minutes not including school and homework. Write down what you learnt about in two sentences daily.

7. תהלים CHALLENGE

Say **תהלים** for the same amount of minutes as your age. Complete the entire **ספר תהלים** once and receive \$10 gift certification to Miriam's!

8. כיבוד אב ואם CHALLENGE

Learn the **הלכות** of **אב ואם** every day for half the amount of minutes of your age. (Contact the office if you need a **קונטרס** of the **הלכות** and stories)

9. בוקר טוב CHALLENGE

Wake up and immediately say **מוזיא אני** and then wash **וואסער** ideally next to your bed. Do not press snooze.

10. אלה טוב CHALLENGE

Say **קריאת שמע** plus **עולם של ריבוננו** every night ideally reading inside and out loud. (grade 6+ should say the entire **קריאת שמע** על המיטה)

11. ת' ת' CHALLENGE

Every day, tell your parent/s 5 things that you thank 'ה for during bedtime or during supper

12. קדושה CHALLENGE

Take on a daily **קבלה** to upgrade your standards in **קדושה** leading up to **שבועות** (examples include technology, screen free, books, music, etc.) Write down every night what you accomplished that day to upgrade your **קדושה**

13. ברכות CHALLENGE

Make at least 6 **ברכות** out loud, inside, with someone answering **אמן** (not including davening).

14. CREATE YOUR OWN PROGRAM

Come up with your own challenge in something relating to **רוחניות** and get it approved by your parents. Write down two sentences every night on your progress that day

WRITING CONTEST: Chance to Win \$50 or \$25 (two age categories). Write 500 words or less about how you grew in Yiddishkeit & your connection to 'ה during the pandemic. Give stories & examples and submit it with your form.

PHOTO CONTEST: Submit a photo of you and your Keshet Yisrael notes from the challenges requiring notes for a chance to win \$50. Please submit with your form. (Three \$50 winners: 1 for a raffle, 1 for the amount of notes displayed, and 1 for creativity in how you display your notes)

Get 1 Grand Raffle ticket per program per day, which is up to 14 daily tickets, and up to 490 tickets total! You can also earn up to 14 gift certificates to Bubby's Bagels, Pizza, Fries, Slushies, and more! Get 1 gift certificate for each program that you complete at least 28 out of 35 days!

REFER-A-FRIEND RAFFLE FOR \$50 GIFT CERTIFICATE
Get 1 ticket for each friend who joins the program.

For more information, learning forms, and sponsorship opportunities please contact office@kesheryisrael.ca or call 289-582-9920

division of:
קשר ישראל
KESHER YISRAEL

THE GREAT SEFIRAH DAILY CHALLENGE

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ד'ס"ז



Sunday April 11th / כ"ט ניסן - Shabbos, May 15th / ד' סיון



Boys & Girls in Pre-1A - Grade 8 from Ontario

The form must be submitted by Sunday, May 23rd to either Kesher Yisrael 216 York Hill Blvd. Thornhill, Miriam's Judaica, or take a photo of the form and send it to office@kesheryisrael.ca. The raffle will be held on Sunday, June 6th.

FIRST NAME _____ LAST NAME _____ HOME PHONE _____
 SCHOOL _____ GRADE _____ ADDRESS _____
 CITY _____ ZIP CODE _____ FATHERS EMAIL _____ MOTHER'S EMAIL _____

ENGLISH / HEBREW DATE	הכרת הטוב	אהבת ישראל	מידות	שמירת הלשון	חסד בבית	תורה	תהלים	כיבוד אב ואם	בוקר טוב	לילה טוב	THANK ה'	קדושה	ברכות	CREATE YOUR OWN PROGRAM	TOTAL AMOUNT OF DAILY TICKETS (MAX. 14)
Sun, Apr. 11 • כ"ט ניסן															
Mon, Apr. 12 • ל' ניסן															
Tues, Apr. 13 • א' אייר															
Weds, Apr. 14 • ב' אייר															
Thurs, Apr. 15 • ג' אייר															
Fri, Apr. 16 • ד' אייר															
Shabbos, Apr. 17 • ה' אייר															
Sun, Apr. 18 • ו' אייר															
Mon, Apr. 19 • ז' אייר															
Tues, Apr. 20 • ח' אייר															
Weds, Apr. 21 • ט' אייר															
Thurs, Apr. 22 • י' אייר															
Fri, Apr. 23 • י"א אייר															
Shabbos, Apr. 24 • י"ב אייר															
Sun, Apr. 25 • י"ג אייר															
Mon, Apr. 26 • י"ד אייר															
Tues, Apr. 27 • ט"ו אייר															
Weds, Apr. 28 • ט"ז אייר															
Thurs, Apr. 29 • י"ז אייר															
Fri, Apr. 30 • י"ח אייר															
Shabbos, May 1 • י"ט אייר															
Sun, May 2 • כ' אייר															
Mon, May 3 • כ"א אייר															
Tues, May 4 • כ"ב אייר															
Weds, May 5 • כ"ג אייר															
Thurs, May 6 • כ"ד אייר															
Fri, May 7 • כ"ה אייר															
Shabbos, May 8 • כ"ו אייר															
Sun, May 9 • כ"ז אייר															
Mon, May 10 • כ"ח אייר															
Tues, May 11 • כ"ט אייר															
Weds, May 12 • א' סיון															
Thurs, May 13 • ב' סיון															
Fri, May 14 • ג' סיון															
Shabbos, May 15 • ד' סיון															

HOW MANY OF YOUR FRIENDS THAT YOU REFERRED JOINED THE PROGRAM? _____

NAME OF FRIENDS: _____

TOTAL AMOUNT OF GRAND RAFFLE TICKETS EARNED (DAILY MAXIMUM 14, TOTAL MAXIMUM IS 490): _____

TOTAL AMOUNT OF PROGRAMS COMPLETED (MAXIMUM 14 FOR AT LEAST 28 OUT OF 35 DAYS): _____

My family is eligible for the bonus family raffle! I COMPLETED THE ENTIRE ספר תהילים ONCE (1 certificate max.)

PARENT'S SIGNATURE _____

